

# Eva Lukešová

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Another gender expert is: MgA. Bc. Eva Lukešová - While studying at the Faculty of Fine Arts of the BUT and the Faculty of Social Studies at MU she joined the non-governmental non-profit organization [Nora](#), where she started her professional career. She became director of the organization in 2019. Since then, she has carried out projects on gender and education, the Roma minority ([ROMKA](#)), homeless women ([Sbírka pro ženy v těživé životní situaci](#)), feminist networking ([Central European Feminist School](#)), single parents and realized several gender audits.

In 2017, her interest in fine art and gender issues was reflected in artistic research on gender disproportion at the Faculty of Fine Arts at the Brno University of Technology. She is also a founding member of the H.Art Humanist-Art Initiative, which was active at this faculty 2017/18.

## 1. Workshop: Solidarity and Fine art

The workshop will be inspired by famous paintings and participants will create their own version / paraphrase that shows support and solidarity with the theme. The goal is to create a live scene of people and things and resemble a selected image. The output is a feminist photo with a brief description of your concept.

*What you'll need: -*

*Duration: 2 hours*

## 2. Workshop: Gender and Fine art

This workshop focuses on fine art. Artists often reflected social situations through paintings and sculptures. This makes it possible to notice the change in the perception of men and women and their roles in certain historical contexts. The workshop group will be inspired by famous paintings and will create their own version / paraphrase that reflects or criticizes gender stereotypes, heteronormative, beauty standards, etc.

The goal is to create a live scene of people and things and resemble a selected image. The output is a feminist photo with a brief description of your concept.

*What you'll need: -*

*Duration: 2 hours*

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# Kateřina Hodická

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Mgr. et Mgr. Kateřina Hodická has been involved in various types of projects run by [Nora](#) (in the role of a trainer, gender expert or project director). Katerina served as a director of GIC NORA for eight years (2011-2018). Nowadays she acts as a senior expert in the organisation. In the period 2016-2018 Katerina represented the Czech Women's Lobby on the board of the European Women's Lobby (EWL). She is still active in working structures of the EWL. Katerina was a board member and vice president of the Czech Women's Lobby. Katerina's special interest is the topic of gender pay gap. She

is involved in the activities of the project "22 % TO EQUALITY" focusing on the topic of equal pay between men and women and run by the Ministry of Labour and Social Affairs of the Czech Republic. In 2019 she also contributed as a national expert to the comparative study of the European Commission on equal pay.

### **1. Competence Kaleidoscope**

Would you like to know what your strengths are? Some of you know, others may not be that sure. Come to the Competence Kaleidoscope workshop where Kateřina will introduce several techniques that help participants to map their own competences. Kateřina will apply mainly methods from the Competence Kaleidoscope course (<http://competence-kaleidoscope.eu/>).

What you'll need: -  
*Duration: 3 hours*

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## Zuzana Pešťanská

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Zuzana Pešťanská is a social anthropologist-researcher with rich experiences in women's rights and feminist activism. Besides her cooperation with [Slovak-Czech Women's Fund](#) as a program coordinator, she is working as an independent researcher outside academy. Her professional interests are varied but could be covered by four terms: morality, relations of power, narratives and technologies. In the long term she has been participated in the projects that aim to support and enhance women's sexual and reproductive rights and health and activism of Roma women in Slovakia.

### **1. Discussion on gender identity or how "don't throw the baby out with the bathwater"**

During the workshop the participants will have an opportunity to explore non-dualistic techniques of thinking; and with these new lenses of analysing the social reality discuss the current controversies within the feminist movement on gender identity. The aim of this workshop is to learn new ways of how to think about social reality, and not what to think.

What you'll need: -  
*Duration: 45min*

### **2. Beyond words.**

This workshop will be a self-exploring session building on the idea that if we want connect and truly support other people, firstly we need to know and accept ourselves as we are. The aim of the workshop will be through the embodiment (meditation, shaking and intuitive dance) and reflective techniques explore and express our inviduality and sense of connection, solidarity. For the workshop participants need comfortable clothes and a willingness to open their minds and hearts.

What you'll need: -  
Duration: 45min

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## Daniela Hanusová

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Who am I: film studies graduate (Charles University, Prague), passionate binge-watcher and pop culture lover

### 1. Gender equality & TV

This workshop will focus on gender (in)equality in TV industry – we'll talk about both on-screen and off-screen aspects of it and about the various ways to measure it. In the interactive part, we'll briefly analyze V4 public TV institutions and the ratio of women in decision-making and creative positions. We'll also try to use some of the quantifying techniques, for instance the Bechdel-Wallace test, while analyzing popular TV shows.

*What you'll need: laptop & internet connection (Hotel has WIFI)  
Duration : 1,5 hours*

### 2. Make up

Make-up as a means of self-expression In this creative workshop, we'll explore the playful possibilities of make-up. We'll experiment with colors and shapes, using the tools to channel your inner confidence, creativity and feelings. Come and join us to try something new in a safe space! There will be some tools and cosmetics available for all, but if possible, bring your own eyeliners/eyeshadows/brushes/mirrors/etc. as well.

*What you'll need: Something will be there, but if you have something of it, please you bring it :))*

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## Sławomira Walczewska

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Sławomira Walczewska, PhD, philosopher and feminist activist, is an author of the book "Damen, Ritter und Feministinnen. Zum Frauenrechtsdiskurs in Polen", Verlag Harrassowitz, 2015 ("Ladies, Knights and Feminists". Feminist Discourse in Poland 2015) as well as an editor and co-author of the book "Feministki. Własnym głosem o sobie", [Fundacja Kobięca eFKa](#), 2005 (Feminists. With Their Own Voice about Themselves). She has considerable experience in running workshops on feminist topics. She was an editor-in-chief of the feminist magazine "Pełnym Głosem" (in Full Voice, 1993-1997) and editor of the feminist magazine "Zadra" (1999-2018).

## **1. What You Always Wanted to Know about Feminism but You Had no Opportunity to Ask. Exploring the History of the Women's Movement.**

The idea of the workshop is to refresh and to broaden the knowledge of the participants about the history of feminism. Coming from the different concepts of history, from different meanings of feminism and of its his/herstory, the participants will be invited to reload their own knowledge, concerning their own feminist heritage and to start asking difficult questions.

What you'll need: -  
Duration: 3 hours

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# VIKTORIA SZEKER

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## **1. SOCIAL ADVERTISEMENT – HOW SHOULD WE VISUALLY PORTRAY TABOOS AND TRAUMAS?**

This is a roundtable discussion, tackling examples of sexual assault and trauma representations in movies and social ad campaigns. The goal is to sensitize participants and make them aware of the aspects they might have to consider, when creating a similar social ad campaign.

Giving an example for a concrete visual metaphor, the screening of the first draft of BlamerBall: Let's Play Some Victim Blaming is planned. It's an animation short, which is currently being produced, with the goal of sending it to international film festivals to raise awareness in a broader audience. The participants can add comments and propose solutions, therefore be part of the creative process.

The examples might be traumatizing for some, therefore extra caution is needed, when taking part in this activity. People are free to leave the discussion, whenever they want, and discuss their emotions with me personally later on, in case they would like to.

*What you'll need: Please take your computer with you or you can ask to someone who has it. One computer is enough for two people.*

*Duration: 2 hours*

[Research behind the workshop]

Taboos and Communication Strategies in the Contemporary Social Campaigns (2018)

In my Bachelor's thesis I am examining the communicational strategies connected to taboos in the contemporary social advertisements. I am analysing thoroughly the notion of taboo and metaphor, just as

the narratability of trauma. Above these I am showing via specific examples the type of mechanisms of action activated and ethical questions raised by the use of visual metaphor.

The Role of Production Design and Montage in the Cinematic Trauma Representation (2020)

In my Master's thesis I am examining the filmic representation of trauma. My analysis is focused on the importance of differentiation between the traumatic event and experience, and the questions concerning visual ethics, social responsibility, credibility, audience

reception and testimony posed by the representation of the former. I consider montage and narration as aspects, which are unalienable from production design, since the unprocessed characteristic of trauma involves the problem of belatedness and unwanted repetitions, flashbacks. Since trauma can be seen as the crisis of representation, this aspect connects my thesis to the analysis of taboo. Furthermore, I am presenting the characteristics of the traumatic complex space by the analysis of the movies Inception (2010), Repulsion (1965), Waltz with Bashir (2008) and The Fountain (2006).

## **2. SOCIAL ENTREPRENEURSHIP – LET’S MAKE A BUSINESS PLAN FOR YOUR ORGANISATION**

As the founder of Not targets, a social campaign against victim blaming, I have been working on this issue for 5 years with my colleagues. For free. Our biggest challenge has always been financing and finding a business model to make this social initiative sustainable. Therefore, we’re currently participating in the mentorship program of Impact Hub Budapest, where we’re working on the concept of a “non-sexist social media platform” and its business model. The purpose of this workshop is to show the business model we are working with and help participants starting their own ideas based on a financially sustainable framework.

[behind the workshop and about Not targets]

Victim blaming leaves people alone with their traumas, deprives them of rights, forces them to stay silent. We would like to relieve their shame with our work. We have a dream, that one day survivors will live in a world, where they don't have to be ashamed of their traumas, they receive empathy instead.

If there is something, which we can all do personally is that we don't blame. And in case we have done that, however big this step might seem and is fundamental at the same time, we have to take sides on a social level as well. In order to give the victims back the right to empathy.

<https://nottargets.com/>

<https://www.facebook.com/nottargets>

<https://www.youtube.com/.../UCfbvlfBbcZg4o1NvWyyvX9ng/videos>

*What you’ll need: Please take your computer with you or you can ask to someone who has it. One computer is enough for two people.*

*Duration: 2 hours*

## **3. LET’S MAKE A DOCUMENTARY: WOMEN AND TRAUMAS**

My intention is to convert CEFS into a documentary movie shooting, where people, who might be willing, can share their experiences, their traumas as a woman.

I would need help from you. I need 4 protagonists (ideally one from each countries) who are willing to share their life stories and reflect on the inequalities they face. If there are more willing participants, that is okay as well, but I have to know it beforehand, in order to be prepared. Please let me know (Viktoria Szeker: viktoriaszeker@gmail.com or FB) as soon as possible.

The interview shooting would take 1 hour for each participants and an extra half an hour walk of less planned conversation.

*Duration: all along the workshop*

*What you'll need: -*

## KAROLINA UFA

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Karolina is an itinerant wanderluster passionate about crafts, art and feminism. Born in Warsaw Karolina graduated in cultural studies in Poland, is finishing her gender studies in Sweden and works as LGBT+ activist. She designed and carried out craftivists, storytelling and creative writing courses and workshops in Poland, Slovakia and France.

### **1. Let's get crafty! Feminist craftivism\* as a tool of the resistance**

From suffrage banners and anti-slavery leaflets sewn into bags to subversive cross-stitch feminist have been getting crafty for some time.

During 'Let's get crafty! Feminist craftivism as a tool of the resistance' we will talk about the craftivism - its history and potential. Later we will produce feminist cross-stitched banners and place them in public space.

*What you'll need: Materials: needles, canva, colourful threads. (Something will be there, but if you have something of it, please you bring it :))*

*Duration: Workshop is divide into 2 separate sessions in 2 days. (Day 1: 1,5 hours, Day 2: 2 hours).*

\*Craftivism is a form of activism, typically incorporating elements of environmentalism, solidarity, or third-wave feminism, that is centered on practices of craft or what can traditionally be referred to as "domestic arts".

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## MARKÉTA BRABCOVÁ

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Markéta is an intersectional feminist and law graduate, who is recently finishing her gender studies in Prague. She has professional experiences from public administration, European Commission and NGO.

## 1. Workshop: Imposter syndrome - sharing is caring

We live in a competitive and goal-oriented society, where it can be hard to sometimes acknowledge our own achievements. On top of that, we tend to doubt ourselves, women often more than men. The existence of the phenomenon called the imposter syndrome, where a person doubts her or his abilities and might feel like a fraud, is therefore not surprising. Feeling of discomfort, second-guessing, and even anxiety is not uncommon for women in the workplace.

In this workshop, we will talk about this syndrome, while trying to unpack its causes as well as our personal approach towards it. Through sharing of our thoughts, opinions and experiences, we will try to understand the social pressure resulting in the internalisation of these fears and its gendered aspect. We will try to see ourselves through the eyes of other feminists and understand each other and ourselves better.

*Duration: 90 min*

*What you'll need: -*

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# Martina Neradová

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Amnesty International employee.

## 1. WRITE FOR RIGHTS

In every country around the world, people's freedoms are under threat. Taking a person's freedom doesn't just mean literal imprisonment. It can mean denying freedom of speech, governments taking away people's ability to speak out against injustice. It can be communities being forced to leave their ancestral lands. Or it can be any kind of discrimination based on gender, religion, sexuality...

Here's a lot wrong in the world that you can help make right. This is where Write for Rights organized by Amnesty International movement can make a huge difference. For more than 10 years, people have shown support for those suffering human rights abuses, by writing letters through Amnesty International's Write for Rights campaign.

In this workshop I'm going to show you how you can get involved, which human rights defenders you can support this year and how organize your own LWM action.

*What you'll need: -*

*Duration: 90 min*

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# Réka Sáfrány

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Réka Sáfrány is President of the European Women's Lobby and chair of the Hungarian Women's Lobby (HWL), EWL's National Coordination in Hungary. In her 15 years of experience as a gender equality expert, Réka has worked at MONA Foundation for the Women of Hungary and at the Hungarian Women's Lobby. In her work, she has conducted policy research on women's political participation, gender and media, and violence against women. At the HWL, she has contributed to gender-sensitive research projects, policy analyses on the status of gender equality in Hungary and capacity building activities. She also participated in HWL's alternative reports to the CEDAW Committee on the issue of women in political decision-making, and co-authored HWL's policy recommendations on Hungarian women's political representation, the state gender equality institutional machinery and women's representation in the media. From 2006 to 2010 she was a member of the government-initiated Working Group on Women in Politics, and she currently represents HWL at government-initiated fora discussing women's rights and family policies. She holds an MA degree in Gender Studies from Central European University, Budapest and MA degrees in English and German Literature and Linguistics from ELTE University, Budapest.

### **1. "How to advocate for women's rights and gender equality?"**

The workshop will help participants identify, in an interactive way, the problem they are facing, the issue they would like to advocate for, and what ways of advocacy they may decide on. The workshop will refer to important women's rights documents and principles, and will present case studies from our region.

*What you'll need: -*

*Duration: 1,5 hour*

### **2. "Listen to me now...!"**

Whether or not we have a natural gift for talking confidently in front of people, we all have something important to say and worth listening to! In this interactive workshop you will get a chance to talk about issues that matter to you in a safe, supportive environment. We will look at and try out the well-established tricks of the trade of public speaking and go through the most important principles of how to frame your messages - so that when you get the chance, you will be able to deliver your world-changing feminist speech!

*What you'll need: -*

*Duration: 3 hours*

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## Catherine Stepan

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I have over 20 years' experience in a variety of roles in education from teaching, curriculum design and Academic Management to developing workshops and short courses with specific themes. I hold a dual Bachelor's and Master's degree in Literature and Teaching from Queens College in New York, and began a PhD in Comparative Literature at Masaryk University which focused on the writings of

Czech female authors of the 19<sup>th</sup> & 20<sup>th</sup> century. Currently, my focus is directed on workshops and educational programs geared towards female empowerment. I have created curricula aimed at helping young women improve their English skills through tasks which educate and inspire.

### **1. Images & self-reflective**

In this interactive workshop we'll learn more about one another using a feminist context. We'll also work in teams to explore images and (self)reflect on the paths we've taken and the direction we want to take. Be ready to chat :)!

*What you'll need: -*

*Duration: 1 hour*

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## Jana Sosnová

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Jana Sosnová is an activist, feminist and a member of an informal collective Sdružení based in Brno, Czech Republic. She is a social anthropologist by training and is currently attending an MA program in gender studies at the Faculty of Humanities, Charles University.

### **1. Solidarity and the City**

Are cities we live in really built *for us*? How do our gender, ethnic and other identities influence the way we experience public spaces? Do we feel safe when walking on *our* streets?

Cities are full of opportunities. Unfortunately, these are not available and accessible to everyone living there. Let's share our experiences, do some peer-to-peer learning and brainstorm ideas on how to improve things. During the sixty-minute workshop, I will introduce a Czech feminist collective Sdružení, say a little bit about what we do and why we currently focus on the topic of feminist urbanism. After that, the workshop itself will take place. Looking forward to seeing you there! :)

*What you'll need: -*

*Duration: 1 hour*

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